

Bronx Respite Needs Assessment Study Findings

December 7th, 2017

Deirdre Sekulic Montefiore Medical Center, Housing At Risk Program

The Bronx Health & Housing Consortium is a collaborative network of representatives from health, housing, and social service providers, governmental agencies, and the four Health Homes in the Bronx with the shared goal of streamlining client access to health care and quality housing.

Conducted with support from:

- The Office of the Bronx Borough President, Ruben Diaz Jr.
- Bronx Health Access PPS
- Bronx Partners for Healthy Communities PPS
- In association with the Coalition for Housing and Health

Study Hospital Participants

- Bronx-Lebanon Hospital Center
- St. Barnabas Healthy System
- Montefiore Medical Center
- NYC Health + Hospitals, Lincoln
- NYC Health + Hospitals, Jacobi
- NYC Health + Hospitals, North Central Bronx (NCB)

Methodology

- A Committee of hospitals and PPSs developed and vetted a questionnaire, that would be administered by the Social Work departments at each participating hospital
- Questionnaire was administered to patients who were "stuck" in the hospital and potentially eligible for respite on June 7, 2017

Findings

- 36 Questionnaires were returned
- 14 people were deemed potentially eligible for respite
- 18 were deemed ineligible
- 4 were a "maybe"

Demographics of Eligible Patients

- Of the 14 eligible- 9 were male
- Age range: 18-60+, most between 31-40
- Medical conditions included: post-surgical care, hypertension, kidney disease (many requiring dialysis), obesity, seizure disorder, asthma, COPD, anxiety, depression, bipolar disease and borderline personality disorder, SUD, ETOH
- With one exception all 14 have Medicare or Medicaid
- Most cases were living with families or roommates prior to admission and could not return. Some were on the streets and in shelter. Most are eligible for supportive housing, although homeless chronicity will be a factor.

Financial Consequences

- For all of the 14 eligible patients, there were about 700 inpatient days beyond those required (medical clearance)
- We estimate this means a "cost" to the hospitals of about \$1.5 million in lost revenue



NYLAG Study

- September 2016 NYLAG conducted a survey with their partner hospitals on the medical needs of homeless inpatients that shelter could not accommodate
- 12 Hospitals across 4 boroughs participated
- NYLAG survey results: 9 hospitals had a total of 22 homeless inpatients who were discharge ready
- Some medical conditions were: IV antibiotics, 02 dependent, feeding tubes, ulcers/wounds, cancer, paraplegic, lack of capacity
- Corroborates 0-3/hospital