

CRISIS INTERVENTION HOTLINE

If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call **212-776-2177**, the **Crisis Intervention emergency hotline**, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible.

GRAND CENTRAL FOOD PROGRAM

The **Grand Central Food Program** distributes meals and other items **7 days a week** at the following times and places:

- **5:30-7:00pm** St. Bartholomew's Church • 108 E 51st St

SCHEDULE OF DOWNTOWN FOOD VAN

- **7:30pm** SW Corner of Randall Ave & Bryant Ave
- **7:40pm** NW Corner of Lafayette Ave & Manida St
- **8:00pm** Lincoln Hospital (Morris Ave & 148th St)

SCHEDULE OF UPTOWN FOOD VAN

- **8:25pm** 164th St & Ogden
- **8:30pm** 170th St & Jerome
- **8:45pm** Fordham Rd & University Ave
- **9:00pm** Fordham Rd & Webster Ave

SOUP KITCHENS

- **POTS - Part of the Solution** • 2759 Webster Ave • M-F: 12:30-3:30pm • D to Kingsbridge/Bedford, 4 to Bedford • ID required
- **Manna of Life Ministry-Fellowship Chapel** • 1101 Boston Rd. • Sat: 10am-12pm • B/D to 167th St
- No referral needed
- **St. Ann's Church of Morrisania** • 295 St. Ann's Ave • Mon-Fri 12:30-2pm • 6 to Brook Ave • No referral needed

FREE MEALS & MENSTRUAL PRODUCTS AT PUBLIC SCHOOLS: MON– FRI 11:30am – 1:00pm

- P.S. 018 John Peter Zenger: 502 Morris Ave, 10451
- South Bronx Preparatory: 360 E 145 Street, 10454
- P.S./I.S. 218 Rafael Hernandez: 1220 Gerard Ave, 10452
- P.S. 011 Highbridge: 1257 Ogden Ave, 10452
- P.S. X114 -Luis Llorens Torres: 1155 Cromwell Ave, 10452
- P.S. 199x -Shakespeare: 1449 Shakespeare Ave, 10452
- The Walton Ave. School: 1425 Walton Ave, 10452
- The Highbridge Green School: 200 W 167th St, 10452
- P.S. 126 Dr Marjorie H Dunbar: W 166 St, 10452
- P.S. X088 - Little Sparrow: 1340 Sheridan Ave, 10456
- P.S. 046 Edgar Allan Poe: 279 E 196 St, 10458
- Bronx Arena High School :1440 Story Ave, 10473
- P.S. 170 1598: Townsend Ave, 10452
- P.S. 207: 3030 Godwin Terr, 10463
- P.S. 033 Timothy Dwight: 2424 Jerome Ave, 10468
- P.S. 008 Issac Varian 3010 Briggs Ave, 10458
- Grant Ave. Elem. School: 250 E 164 St, 10456
- P.S. X140 The Eagle School : 916 Eagle Ave, 10456
- P.S. 5 Port Morris: 564 Jackson Ave, 10455
- P.S. 053 Basheer Quisim: 360 E 168 St, 10456
- P.S. 070 Max Schoenfeld: 1691 Weeks Ave, 10457
- New M. Business. Acad. MS 1000 Teller Ave, 10456

For a full list, call 311 or visit: <https://www.schools.nyc.gov/freemeals>

FOOD PANTRIES

- **POTS - Part of the Solution** • 2759 Webster Ave • Pantry: Mon-Fri: 9am-11:30am • D to Kingsbridge/Bedford, 4 to Bedford • ID required
- **NY Common Pantry Bronx** • 1290 Hoe Ave • Pantry Distribution for existing members: Thursday & Friday 10am-2pm
- New client intakes: Tuesday - Friday 10am-3pm • Need proof of address (No Saturday pantry)
- **Community Food Pantry of Highbridge** • 1363 Ogden Ave • Tues 10am-1pm; Thurs 12-3pm • 4 to 170th St
- No referral needed.
- **Salvation Army Bronx Citadel** • 425 E. 159th St • Tuesdays 12-1pm by appointment only • 5 to 3 Ave & 149th/Bx41 to

PUBLIC TOILETS/SHOWERS

TOILETS

- **144th and Canal Pl**
 - **Fordham and Webster by Rose Hill Park**
- Hand Sanitizer is available at these locations.

SHOWERS

- **All Angels Church** • 80th/Broadway • Tues & Thurs • 8am-2pm • First come first served
- **227 Bowery** • Tues and Wed
- **Salvation Army Harlem Temple** • 62 W. 138th Street • Mon, Weds, Sat 1-5pm
- **Salvation Army Midtown** • 542 W. 46th St • Mon-Sat • 12:00pm-4pm

LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic:** 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117
- **Legal Aid's Access to Benefits (A2B) Helpline:** 888-663-6880 • Mon-Fri • 10:00 a.m. to 3:00 p.m.

DROP-IN CENTERS

ADULTS

- **Living Room** • 800 Barretto St • Open 24 hours • 6 to Hunts Point, BX6 to Lafayette • Men & Women, 21 & older • Still open, limited beds

YOUTH

- **Cardinal McCloskey Community Services** 333 E. 149th St • (718) 993-5495 • Daily: 8pm-8am; Overnights only; Call for over the phone support • 5 train to 3rd Ave-149th St

SHELTERS

SINGLE ADULT MEN

- **30th Street Men's Shelter** • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

SINGLE ADULT WOMEN

- **Brooklyn Women's Shelter (BWS)** • 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave

ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN

- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

FAMILIES WITH CHILDREN

- **PATH** • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

HEALTH CENTERS

- **Living Room Health Center** • 800 Barretto Street, Bronx • 347-269-4572 • Open Mon-Thurs
- **Part of the Solution (POTS) Health Center** • 2759 Webster Avenue, Bronx • 347-269-4706 • Call for hours
- Telemedicine available
- **Susan's Place Health Center** • 1911-21 Jerome Avenue, Bronx • 718-943-1341 • Open Mon-Fri

EMERGENCY NUMBERS

- **NYC Well (888) NYC-WELL**
- **Suicide Hotline (800) 273-8255**
- **SAMHSA's Disaster Distress Helpline (800) 985-5990**
- **Alcoholics Anonymous (212) 647-1680**
- **Safe Horizon Crime Victim Hotline (212) 577-7777**
- **Domestic Violence Hotline (800) 621-4673**

COVID-19 GUIDANCE

- If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you're experiencing symptoms of Coronavirus.
- Please practice social distancing guidelines and keep 6 feet away from others whenever possible.
- Always wear a face mask covering mouth and nose when in public.
- Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

COVID-19 Testing Centers

- **CityMD- E. 86th St:** 336 E. 86th St. • Manhattan • 212-933-1364 • Mon – Fri, 7am-10:45pm, Sat-Sun, 9am-9pm
- **CityMD- East 96th Street**• 1500 Lexington Ave. • 212-710-1065 • Mon – Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Fulton St:** 138 Fulton St. • 212-271-4896 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Lower East Side:** 138 Delancey St • 212-609-2541 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- West 125th St:** 80 West 125th St. •212-913-0820 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **NYC Health + Hospitals/Bellevue:** 462 First Ave. • 212-562-5555 • Mon – Sat, 7:30am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health Dyckman-Clinica de Las Americas:** 175 Nagle Ave. • 212-544-2001 • Mon – Fri, 9am-3:30pm (Community Health Center)
- **East 111th St:** 141 East 111th St • 844-692-4695 • Mon- Sun, 9am-7pm (Community Based Setting)
- **NYC Health + Hospitals/Gotham Health, Gouverneur:** 227 Madison St • 212-238-7897 • Mon – Fri, 9am-4pm; Sabado, 9am-2pm (Hospital)
- **Housing WorksNYC Health + Hospitals/Harlem:** 506 Lenox Ave, • 212-939-1000 • Mon – Fri, 8:30am-4 pm (Hospital)
- **Highbridge Pool:** 2301 Amsterdam Ave • Mon – Sun, 9am-7pm (Community Based Setting)
- **NYC Health + Hospitals/Metropolitan:** 1901 First Ave • 212-423-6262 • Mon – Sat, 9am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health, Sydenham:** 264 West 118th St. • 212-932-6500 • Mon – Fri, 9am- 3:30pm • (Hospital)
- **Saint Nicholas Houses:** 281 West 127th St. • Mon – Fri, 9 am-3:30pm (Community-Based Setting)