

CRISIS INTERVENTION HOTLINE

If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call **212-776-2177**, the **Crisis Intervention emergency hotline**, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible.

GRAND CENTRAL FOOD PROGRAM

The **Grand Central Food Program** distributes meals and other items **7 days a week** at the following times and places:

- **5:30-7:00pm** St. Bartholomew's Church • 108 E 51st St

SOUP KITCHENS

- **Salvation Army Bushwick** • 1151 Bushwick Ave • Mon, Tues, Thurs, Fri: 12:00pm-2pm • J to Halsey Street
- No referral needed for first meal
- **St. John's Bread & Life** • 795 Lexington Ave • Mon-Thurs: 8-12pm • J to Kosciuszko • No referral needed
- **MASBIA: Boro Park** • 5402 New Utrecht Ave A • Sun-Thurs: 6:30-7:30pm • D to 55th St • Kosher meals
- No referral needed for first meal

FREE MEALS & MENSTRUAL PRODUCTS AT PUBLIC SCHOOLS: MON– FRI 11:30am – 1:00pm

- Acorn Community High School: 561 Grand Ave, 11238
- Andries Hudde: 2500 Nostrand Ave, 11210
- Aspirations Diploma Plus H.S.: 402 Eastern Pkwy 11225
- Automotive High School: 50 Bedford Ave, 11222
- Brighter Choice Community School: 280 Hart St, 11206
- Brooklyn Arbor Elementary School: 325 S 3 St, 11211
- Brooklyn Landmark Elem. : 251 Mac Dougal St, 11233
- Cobble Hill School Of Amer. Studies: 347 Baltic St, 11201
- E Flatbush Comm. Research: 905 Winthrop St, 11203
- Evergreen M.S. For Urban Explor.: 125 Covert St, 11207
- Franklin Delano Roosevelt H.S.: 5800 20 Ave, 11204
- Jackson School of Sports, Art & Tech.: 213 Osborn St, 11212
- H.S. for Public Service: 600 Kingston Ave, 11203
- I.S. 136 Charles O. Dewey: 4004 4 Ave, 11232
- I.S. 171 Abraham Lincoln: 528 Ridgewood Ave, 11208
- I.S. 228 David A. Boody: 228 Ave, 11223
- I.S. 98 Bay Academy: 1401 Emmons Ave, 11235
- J.H.S. 050 John D. Wells: 183 South 3 St, 11211
- J.H.S. 062 Ditmas: 700 Cortelyou Rd, 11218
- J.H.S. 078 Roy H. Mann: 1420 East 68 St, 11234
- J.H.S. 218 James Sinnott: 370 Fountain Ave, 11208
- J.H.S. 227 Edward B. Shallow: 6500 16 Ave, 11204
- J.H.S. 234 Arthur Cunningham: 1875 E 17 St, 11229
- J.H.S. 259 Mckinley: 7305 Ft Hamilton Pkwy, 11228
- J.H.S. 278 Marine Park: 1925 Stuart St, 11229
- J.H.S. 291 Roland Hayes: 231 Palmetto St, 11221
- J.H.S. 292 Marg. Douglas: 301 Vermont St, 11207
- James Madison H.S.: 3787 Bedford Ave, 11229
- John Dewey High School: 50 Ave X, 11223
- M.S. 061 Dr. Atwell: 400 Empire Blvd, 11225
- M.S. 113 Ronald Edmonds: 300 Adelphi St, 11205
- Middle College High School: 1186 Carroll St, 11225

For a full list, call 311 or visit: <https://www.schools.nyc.gov/freemeals>

FOOD PANTRIES

- **MASBIA: Boro Park** • 5402 New Utrecht Ave A • Sun-Thurs: 4-5pm • D to 55th St • Kosher meals • No referral needed for first meal
- **St. John's Bread & Life** • 795 Lexington Ave • (718) 574-0058 • M-F: 8-12pm • J to Kosciuszko
- No referral needed
- **The Campaign Against Hunger** • 2004 Fulton St • M-T: 10-3pm; Tues, W, F: 10am-6pm

PUBLIC TOILETS/SHOWERS

TOILETS

- **Under BQE (Meeker and Sutton)**
- **61st Street and 10th Avenue**

Hand Sanitizer is available at these locations

SHOWERS

- **All Angels Church** • 80th/Broadway • Tues & Thurs • 8am-2pm • First come first served
- **227 Bowery** • Tues and Wed
- **Salvation Army Harlem Temple** • 62 W. 138th Street • Mon-Sat • 12pm-4pm
- **Salvation Army Midtown** • 542 W. 46th Street • Mon, Weds, Sat 1-5pm

LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic:** 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117
- **Legal Aid's Access to Benefits (A2B) Helpline:** 888-663-6880 • Mon-Fri • 10:00 a.m. to 3:00 p.m.

DROP-IN CENTERS

ADULTS

- **The Gathering Place** • 2402 Atlantic Ave • (718) 385-8726 • Open 24 hours • A to Broadway Junction, L to Atlantic Ave • Men & Women • Still open, limited beds

SHELTERS

SINGLE ADULT MEN

- **30th Street Men's Shelter** • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

SINGLE ADULT WOMEN

- **Brooklyn Women's Shelter** • 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave

ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN

- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

FAMILIES WITH CHILDREN

- **PATH • 151 E 151st (Bronx)** • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

HEALTH CENTERS

- **St. John's Health Center** • 795 Lexington Ave, Brooklyn • 347-294-2412 • RN on site Wed-Thurs
- Telemedicine available
- **Housing Works-Dtwn BK** • Willoughby St., Brooklyn • 718-277-0386 • Primary care and psych services available
- **Housing Works-East NY** • 2640 Pitkin Ave., Brooklyn • 718-277-0386 • Primary care and psych services available

EMERGENCY NUMBERS

- **NYC Well** (888) NYC-WELL
- **Suicide Hotline** (800) 273-8255
- **SAMHSA's Disaster Distress Helpline** (800) 985-5990
- **Alcoholics Anonymous** (212) 647-1680
- **Safe Horizon Crime Victim Hotline** (212) 577-7777
- **Domestic Violence Hotline** (800) 621-4673

COVID-19 GUIDANCE

- **If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you're experiencing symptoms of Coronavirus.**
- Please practice social distancing guidelines and keep 6 feet away from others whenever possible.
- Always wear a face mask covering mouth and nose when in public.
- Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

COVID-19 Testing Centers

- **CityMD- E. 86th St:** 336 E. 86th St. • Manhattan • 212-933-1364 • Mon – Fri, 7am-10:45pm, Sat-Sun, 9am-9pm
- **CityMD- East 96th Street**• 1500 Lexington Ave. • 212-710-1065 • Mon – Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Fulton St:** 138 Fulton St. • 212-271-4896 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Lower East Side:** 138 Delancey St • 212-609-2541 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- West 125th St:** 80 West 125th St. •212-913-0820 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **NYC Health + Hospitals/Bellevue:** 462 First Ave. • 212-562-5555 • Mon – Sat, 7:30am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health Dyckman-Clinica de Las Americas:** 175 Nagle Ave. • 212-544-2001 • Mon – Fri, 9am-3:30pm (Community Health Center)
- **East 111th St:** 141 East 111th St • 844-692-4695 • Mon- Sun, 9am-7pm (Community Based Setting)
- **NYC Health + Hospitals/Gotham Health, Gouverneur:** 227 Madison St • 212-238-7897 • Mon – Fri, 9am-4pm; Sabado, 9am-2pm (Hospital)
- **Housing WorksNYC Health + Hospitals/Harlem:** 506 Lenox Ave, • 212-939-1000 • Mon – Fri, 8:30am-4 pm (Hospital)
- **Highbridge Pool:** 2301 Amsterdam Ave • Mon – Sun, 9am-7pm (Community Based Setting)
- **NYC Health + Hospitals/Metropolitan:** 1901 First Ave • 212-423-6262 • Mon – Sat, 9am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health, Sydenham:** 264 West 118th St. • 212-932-6500 • Mon – Fri, 9am- 3:30pm • (Hospital)
- **Saint Nicholas Houses:** 281 West 127th St. • Mon – Fri, 9 am-3:30pm (Community-Based Setting)